

## SUPERSOUL ARTICLE

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In my *Books of the Soul* I spent many years developing an evidence-based, *Rational Spirituality*. Simply put this assumes that as individual souls we each lead many lives gaining experience on behalf of Source. As such I describe it as an *experience* rather than *illusion*-based model, and as far as I can tell this more or less reflects the view of a great many modern spiritual seekers in the Western world.

Yet towards the end of 2012 my comfortable framework that had stabilised for a number of years was blown apart, by the revelation of a close friend and leading out-of-body (OOB) explorer that he'd made contact with another aspect of himself that was *so* wise it could easily have been mistaken for some kind of deity. On further investigation I found that a number of OOB pioneers described exactly the same kind of meetings with entities who at first were so energetically radiant they couldn't bear to be in their presence – and yet who they too came to realise were actually other aspects of themselves.

Additional support from channelled material revealed that we might sensibly call into question our traditional understanding of who and what various gods, angels and guides really are. Even more, of exactly who and what *we* are. The clues are there, not only in more obscure sources but in some of our best known spiritual material too. From Jane Roberts' Seth and from Neale Donald Walsch's 'God', for example – and just who the latter might be is an interesting question in its own right. They're absolutely clear about the staggering power and wisdom we all innately possess, if only we would learn to recognise it.

The word *supersoul* came to me early in this process, and I use it because alternatives such as *oversoul* and *higher self* have different connotations for different groups of people. For example many OOB pioneers are happy to use either of the latter in the same context as I use *supersoul*, because they've already come to appreciate the power of what they're part of. Yet *oversoul* is more commonly used as an alternative for Source itself; while those of us weaned on regression and other more mainstream material have tended to have a somewhat restricted view of our *higher self*, usually as the repository of the experiences of our own soul's (past) lives – even if it *is* wiser than the lower self that's in human form, and can be brought more into play by meditation and so on. By contrast the supersoul is much, much more than this, not least because it's made up of myriads of souls.

Of course under a conventional reincarnation approach one would think of each of these souls as leading many lives successively, in linear fashion. But, if we follow the increasingly popular idea that all our lives are being played out at the same time, we arrive at a more *matrix*-style model of feedback *between* life personalities operating simultaneously in apparently different human eras. Indeed there's some wonderful as-yet-unpublished (until now) evidence from one of the OOB pioneers of exactly how the supersoul itself perceives such interactions.

To date the appeals of various channelled sources for us to understand and appreciate who and what we really are seem to have largely fallen on deaf ears. But

once we come to recognise that we're integral aspects of a supersoul consciousness more powerful and wise than we've ever dared to imagine, perhaps we can finally claim our full birthright... and collectively pioneer the most exciting change in human consciousness ever witnessed on planet earth.

*A supersoul is a grouping of hundreds, maybe thousands, of souls. Myriads of supersouls are projecting individual soul aspects of themselves into this and myriad other realities, meaning they are very far from the ultimate consciousness. Yet to be fully connected to your supersoul is to have boundless wisdom and creative power, and as a full holographic representation of it you are already more divine than you can hope to conceive – divine enough, even, to nullify further speculation about what lies beyond.*

*The raindrop is just one life or personality... the stream fed by many raindrops is the soul... the river fed by many streams is the supersoul... the sea fed by many rivers is Source.*

*Supersoul: a radical worldview for a new consciousness (Book 1 of the Supersoul Series – second edition) is published by Rational Spirituality Press ([www.rspress.org](http://www.rspress.org)), 2014, price £11.99. Also available in Kindle format.*